

HEALTH FEST

ALTON ASSEMBLY ROOMS

SAT 21ST APRIL

10.00AM - 3.00PM

INFORMATION AND ADVICE
FROM HEALTH PROFESSIONALS
AND SCREENING PROGRAMMES

**FREE
CHECKS**

BLOOD SUGAR
BLOOD PRESSURE
LUNG FUNCTION
CARDIOVASCULAR RISK

NHS HEALTH CHECKS

15 MINUTE APPOINTMENTS BOOKABLE
ON ARRIVAL FOR THOSE AGED 40 - 74
WITH NO PRE EXISTING CONDITIONS

FOR MORE INFORMATION GO TO
WWW.NHS.UK/CONDITIONS/NHS-HEALTH-CHECK

**NEW
THIS
YEAR**

**ALL AGES WELCOME
FREE ENTRY**