



# THE WILSON PRACTICE

Patient update 22 December 2020

## ENJOY YOUR CHRISTMAS but... PLEASE TAKE CARE

The south east is in the spotlight for the rise in Coronavirus infections and the latest changes to Tiers and restrictions will affect many households' Christmas arrangements. We understand the disappointment and frustration many will feel at having plans undermined so late in the day but we urge all patients to **do the right thing** – to keep yourself, your family and friends, and our whole community safe.

**Covid-19 vaccinations** have started locally and patients are being invited, in small numbers at the moment, strictly according to vulnerability and suitability for the vaccine as determined by NHS England. **Please do not call the practice** about this; we have no flexibility and **we will contact individual patients when we are able to offer an appointment.**

If you are concerned about Coronavirus symptoms, please go to [111.nhs.uk/covid-19](https://111.nhs.uk/covid-19). This page also has links to all the latest information and advice about the pandemic and how to stay safe.



### Christmas opening hours

The practice is closed from 6:30pm on Thursday 24 December (Christmas Eve) and reopens at 8:00am on Tuesday 29 December. We are also closed on Friday 1 January. During these times the **NHS 111** service (our usual overnight and weekend cover) is available for patients with concerns that they would normally take to a GP but which cannot wait until we re-open.



### Self-care and pharmacy support

You can find NHS-approved advice on symptoms and conditions on the following websites:

- [www.nhs.uk](https://www.nhs.uk) – wide ranging advice
- [www.what0-18.nhs.uk](https://www.what0-18.nhs.uk) - advice and information specifically about the health and wellbeing of babies, children and young people.

**Pharmacies** are also a great source of help and advice.

Locally, **Anstey Road Pharmacy** is open on **Christmas Day** from 11:00am – 2:00pm and **High Street Boots** is open on Monday 27 December (**Boxing Day**) and Friday 1 January (**New Year's Day**) both from 10:00am – 4:00pm.

Take care, enjoy a festive season like no other and remember...

